2021-2022

BEST PRACTICE: A

- 1. Title: Organizing Inter-College Competitions
- 2. **Objectives**: i) To promote the spirit of friendship, mutual understanding, cooperation among students
- ii) To cultivate potential skills and creative ability among students.
- 3. **Context**: To sustain the practice of promoting friendship, mutual cooperation, and environmental consciousness among undergraduate students of the neighbouring colleges, inter-college competitions (online and offline) are organised on World Environment Day, College Foundation Day and International Mother Language Day.

4. Practice:

- Netaji Nagar Day College under the joint initiative of the Departments of Botany and Zoology and in association with MOU partner Muralidhar Girls' College organized an inter college online Poster Presentation and Essay Writing competition to commemorate World Environment Day,in 2021 and 2022. The theme for the Poster competition in 2021 was "Mangroves and Our Environment", and the topic for the Essay writing competition was "Restoration of Biodiversity". In 2022, the theme for the Poster competition was "Only One Earth" and the topic for the Essay competition was "Only One Earth: Living Sustainably in Harmony with Nature". Students from 08 Colleges participated in the Poster Presentation & Essay Writing Competition in 2022, and from 06 Colleges in 2021. Certificates and cash prizes were awarded to the winners.
- Students of Netaji Nagar Group of Colleges (03 Colleges) participated in the Debate competition on the topic- "The Online Mode of Teaching –Learning is Very Effective in Higher Education" to celebrate the 54th Foundation Day of Netaji Nagar Group of Colleges on 25th September, 2021.
- An Inter-College Debate Competition was organized on the topic "75 years of Indian Independence: A Journey of Glory and Pride." as a part of the 55th Foundation Day celebration of the Netaji Nagar Group of Colleges on 22nd September, 2022.
- An Inter College Debate Competition was held on the occasion of International Mother Language Day on 22nd February, 2022, on the topic "Mother language is the best medium of instruction". Inter College debate competition and cultural programme scheduled for 21st February, 2022 was re scheduled on 22nd February,2022 vide Memo. No. 686-F(P2) dated 20.02.2022 of Govt. of West Bengal to pay homage and respect to the departed soul of Sri. Sadhan Pandey, Hon'ble MIC, Govt. of West Bengal.
- 5. Evidence of success: The large number of participants from several Colleges is itself an evidence of success. The diverse range of innovative presentations by the students proves that the institution's endeavour to nurture the creative minds of young learners by organizing such inter -college competitions is successful. Besides, the Principals of several participating Colleges also praised these endeavours of Netaji Nagar Day College. These inter college competetions helped to explore and identify the talents among young learners. Students from the host college could



interact with students from other colleges which proved to be mutually beneficial.

6. Problems & Resources Required:

- Time management for judgement and fund allocation was needed to give cash prizes to the winners
- Time constraint for co- curricular activities as the semester system provides limited number of class days for completion of syllabus prescribed by the University.

BEST PRACTICE: B

1. Title: Thalassemia Screening for the Students

2. Objectives:

- In India, every year 10,000 children are being born with Thalassemia which approximately accounts for 10% of the total world incidence of Thalassemia-affected children and one in eight of live Thalassemia carriers in India. The main objective of screening programme is to avert Thalassemia-related deaths in future generations.
- The programme is aiming at early identification and early intervention to cover defects at birth, deficiencies, diseases, and development delays including disability.

3. Context:

Thalassemia Carrier Screening is one of the most effective ways of ensuring that our future generation does not suffer from Thalassemia, a crippling lifelong blood disorder. In severe cases, it can also be fatal, so the screening as well as the diagnosis of this condition is required to minimize the occurrence. The College has decided to sensitize its students about Thalassemia and to arrange Thalassemia Carrier Screening camp for the students every year.

Awareness and Thalassemia Carrier Detection Programme was held on 26th February , 2020 in association with Institute of Haematology & Transfusion Medicine, Medical College, Kolkata. This was a part of the Carrier Detection Programme of the Govt. of West Bengal for control of Thalassemia Syndrome in the state.

Thalassemia screening test for our students and staff was organized on 13th August,2022 by Netaji Nagar Day College in association with Rotary club of Calcutta Endeavour, RID 3291, Nari Shakti Foundation and Thalassemia Control Unit of School of Tropical Medicine.

4. Practice:

Awareness and Thalassemia Carrier Detection Programme was held on 26th February , 2020 in association with Institute of Haematology & Transfusion Medicine, Medical College, Kolkata. This was a part of the Carrier Detection Programme of the Govt. of West Bengal for control of Thalassemia Syndrome in the state.

Thalassemia screening test for the students and young staff was organized on 13th August,2022 by Netaji Nagar Day College in association with Rotary club of Calcutta Endeavour, RID 3291, Nari Shakti Foundation and Thalassemia Control Unit of School of Tropical Medicine.

Students and young staff members of the College voluntarily attended the Thalassemia Awareness programme and participated in the Thalassemia screening test. Students and faculty members of the Department of Physiology actively took part and helped the medical personalities in collection of blood sample from the students for the screening.

5. Evidence of success:

The large number of students who actively took part in screening test and awareness programme is itself an evidence of success. Besides, Rotary Club of Calcutta also praised the students for their cooperation and the College for arranging such a programme of social importance.

6. Problems & Resources Required:

Time management amidst the on-going classes for preparation and conducting the screening test is a problem. Some students are unduly apprehensive and hence reluctant to undergo the Thalassemia Screening. A small amount of Fund allocation is also needed to conduct the whole programme.

